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|  | <h1 style="margin: 0;">Coupar Angus Bulletin</h1> <p style="margin: 0;">For the residents of Coupar Angus, Ardler and Bendochy</p> <p style="margin: 0;">www.coupar-angus.org</p> |  |
| Issue 39 | January 2009 | |



Exciting Invitation for Coupar Angus

Coupar Angus, Ardler and Bendochy Community Council have received a letter from the Mayor of Thesee, France inviting Coupar Angus to twin with them. Thesee is a town with 1300 inhabitants in the Cher Valley in Central France, a region known for vineyards, fruit and vegetable growing and making goats cheese.

Facilities within the town include a school, library, day care, holiday and sports centres, fishing, judo, gym and yoga. Other facilities include a railway station and

museum with collections from the ancient civilizations of the area of jewels, coins and pottery.

If anyone is interested in taking this offer further and forming a committee to do so please contact the Coupar Angus Ardler and Bendochy Community Council secretary Shuna Colville (Telephone 01828-627246, e-mail bendochycc@btconnect.com) or any other member of the committee for more information.

Forthcoming Dates for your Diary

- *Wednesday 14th January - Winter Coupar Conversations, contact Michael Gallagher on 01828 627124.*
- *Friday 6th February - Coupar Angus Heritage Association talk on the theme of Burrelton & Woodside 7.30pm, at Burrelton Hall (on the main road). Last time a meeting was held there it was very successful, with many people bringing items of interest to be viewed and discussed, so we look forward to an equally interesting evening. Non-members always welcome, admission £2.*
- *Plans for the Horse Fair are in progress, but the date has had to be changed from that originally planned to March 28th.*

**PLEASE REPLY
WE NEED MORE PEOPLE INTERESTED!**

Are you getting your 5 a Day! Are you Interested in Having an Allotment?

Fresh grown food on your own allotment may be the answer to ensuring you and your family has lots of fresh fruit and veg. Having an allotment, which could be as small or large as your time and interest dictate, could also provide healthy exercise, good company as well as great taste.

Allotments have been an integral part of the urban landscape in the UK for over a century. Allotment gardening reached its zenith in the 1940s when people were urged to "Dig for Victory" during the war. From the 1950s greater affluence and convenience shopping led many people to stop growing food, and this meant that some allotments became under-used and neglected. In today's context allotments are going through something of a renaissance. They provide a sustainable source of healthy local food as well as exercise and education for local communities, as well as an important habitat for native flora and fauna.

Would you like to have your own allotment? At present there aren't any allotments locally around Coupar Angus. Perth & Kinross Council decide how much resource they devote to allotments. If they believe there is a demand, the Council has a statutory duty to provide a sufficient quantity of plots to let them to people living in the area. If local folk feel that there is a need for allotments which is not being met, they can put together a group of any six residents who are registered on the election roll and put their case to the Council.

CART and the Community Council have decided to see if there is sufficient interest in Coupar Angus and locality. All we need at this stage is an expression of interest in having an allotment. Please fill in the form below and return it to the CART Office, Royal Bank Building, Union Street or e-mail your details to CARtrust@btconnect.com. You can also leave a message on the CART voicemail: 01828 628569. And lets get digging!

Yes I am interested in having an allotment in Coupar Angus:

Name:

Address:

Telephone number:

(Return it to the CART Office, Royal Bank Building, Union Street, Coupar Angus.)

New Care Home Planned for Coupar Angus

The Balhousie Care Group is planning a new Nursing Home and Residential Care Units in Coupar Angus on the site to the south west of the East of Scotland Farmers premises. Planning permission was granted by PKC in August and work started in December on clearing the large bund at the rear of the site. This work also involves taking soil samples to investigate any potential contamination on the site from the former railway sidings.

If all goes well Balhousie are intending to start buildings work in April. The Balhousie Care Group, who has their head office in Forfar, is one of the leading care home operators in Scotland. They have substantial experience in developing both brand new purpose built facilities and

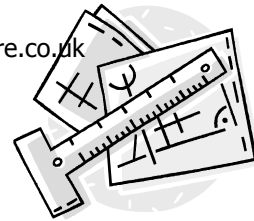
redeveloping and refurbishing existing care facilities.

In November 2007 Balhousie Stormont Residential Care Home in Blairgowrie became part of the Balhousie Care Group.

Balhousie Care Group Head Office:
Eastbourne House, 3 Little Causeway,
Forfar, Scotland. DD8 2AD

Tel: 01307 477 999

www.balhousiecare.co.uk



Common and Forfar Road, Coupar Angus

As we start the New Year its nice to look back at the changes of previous years. Take a look at this postcard of the Common and Forfar Road to see how it has changed over the years!

Coupar Angus Adult Education Classes for 2009

The classes next term commence on Thursday January 15th with the Afternoon Art class meeting in the Guide Hut, School Rd, C/Angus 1.30-3.30pm and the Scottish Country Dancing in the hall of Coupar Angus Primary School from 7-9pm.

The Tai Chi class begins again on Monday 19th January, 7-8.30pm in the Primary School hall and the first Yoga class of the new term is on Tuesday 20th January, 7-8.30pm upstairs in Coupar Angus Town Hall.

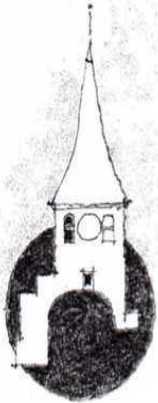
All of the classes are for 10 weeks and suitable for all abilities, the fees are £28

or £26 for concessions.

Enrolment forms will be in the Town Hall, Library, Post Office and various shops around the town. To enrol by post send your details and choice of class to C.A.A.E.A. 56, George St, Coupar Angus, Perthshire. PH13 9DJ enclosing a cheque made payable to C.A.A.E.A. or telephone Elaine McKinlay 01828 627040.

I would like to thank everyone who has supported the classes throughout the year and I hope to see you all again in the new year.

Have you tried the new Coupar Angus Business Directory?



Have you tried out the new Coupar Angus Business Directory available at www.coupar-angus.org?

58 local businesses are listed on the directory pages with many having links set up to their own websites.

It is a valuable source of information to those looking for businesses and services within the area so don't miss out - get listed now!

Coupar Angus
Business Directory



Are you
Listed?

CART logo designed by Crichton Lang

Contact Us: Coupar Angus Regeneration Trust

Office A, Royal Bank Building, Union Street, Coupar Angus, PH13 9AE Tel. 628569

CARtrust@btconnect.com Office Hours by appointment

www.coupar-angus.org